

**ARIZONA DEPARTMENT OF EDUCATION
CHILD AND ADULT CARE FOOD PROGRAM
MENU PRODUCTION WORKSHEET FOR MILK ONLY**

BREAKFAST

Date _____

Number Planned For:

Age 1	Age 2	Age 3 to 5	Age 6 up to 12 + Adult

Component Requirements	Age FOOD ITEMS Factor	No. of Servings	Market Unit	Amount Needed	Amount to Purchase
FLUID MILK	1 _____ x 1 = _____	$\frac{1}{2}$ c.	Obtain from Buying Guide	Obtain from Buying Guide	Round up
	2 _____ x 1 = _____ +				
	3-5 _____ x 1.5 = _____ +				
	6-Adt _____ x 2 = _____ =				
	Whole (12-23 months)				
	1% or Fat Free (24 months to Adult)				

LUNCH/SUPPER

Number Planned For:

Age 1	Age 2	Age 3 to 5	Age 6 up to 12 + Adult

Component Requirements	Age FOOD ITEMS Factor	No. of Servings	Market Unit	Amount Needed	Amount to Purchase
4. FLUID MILK	1 _____ x 1 = _____	$\frac{1}{2}$ c.	Obtain from Buying Guide	Obtain from Buying Guide	Round up
	2 _____ x 1 = _____ +				
	3-5 _____ x 1.5 = _____ +				
	6-Adt _____ x 2 = _____ =				
	Whole (12-23 months)				
	1% or Fat Free (24months to Adult)				

A.M. SNACK

P.M. SNACK

<div>Age</div> <div>1 _____</div> <div>2-5 _____</div> <div>6-Adult _____</div>					<div>Age</div> <div>1 _____</div> <div>2-5 _____</div> <div>6-Adult _____</div>				
<div>Milk $\frac{1}{2}$ c.</div> <div>x 1 = _____</div> <div>x 1 = _____ +</div> <div>x 2 = _____ =</div>					<div>Milk $\frac{1}{2}$ c.</div> <div>x 1 = _____</div> <div>x 1 = _____ +</div> <div>x 2 = _____ =</div>				
Component	No. of Servings	Market Unit	Amount Needed	Amount to Purchase	Component	No. of Servings	Market Unit	Amount Needed	Amount to Purchase
Whole (12-23 months)					Whole (12-23 months)				
1% or Fat Free (24 months to Adult)					1% or Fat Free (24 months to Adult)				